Minkowski’s Convex Body Theorem Let $L(B) = \{Bx \mid x \in \mathbb{Z}^n\}$ be the integer lattice whose points are all integer-weighted sums of the $n$ linearly independent basis vectors forming $B$, an $n \times n$ matrix over $\mathbb{R}$. Let $S$ be a convex subset of $\mathbb{R}^n$, closed under negation, whose volume exceeds $2^n|\det(B)|$. Then $S$ contains a nonzero point of $L(B)$.

To prove this, observe that sufficient copies of the fundamental parallelepiped $P(B)$, moved to lattice points as shown above right, will cover the set $S$. If their intersections with $S$ are translated to the origin (see left) then two must overlap, because $\text{vol}(S) > |\det(B)| = \text{vol}(P(B))$. So some point $z$ lies in the two distinct copies of $P(B)$ translated from, say, lattice points $z_1$ and $z_2$ (see right). Then $x_1 = z + z_1$ and $x_2 = z + z_2$ lie in $S$ and $x_1 - x_2 = (z + z_1 - (z + z_2)$, being a difference of lattice points, is itself a lattice point.

Minkowski’s Theorem can now be proved as a corollary: let $\hat{S} = \frac{1}{2}S$ (halving in each of the $n$ dimensions). Then $\text{vol}(\hat{S}) = 2^{-n}\text{vol}(S) > |\det(B)|$, so Blichfeldt supplies $x_1, x_2 \in \hat{S}$ with $x_1 - x_2 \in L(B)$. Then, by definition of $\hat{S}$, closure under negation, and convexity, $2x_1, 2x_2, -2x_2, \frac{1}{2}(2x_1) + \left(1 - \frac{1}{2}\right)(-2x_2)$ are all in $\hat{S}$, and the last of these, being equal to $x_1 - x_2$, is a nonzero lattice point.

Hermann Minkowski’s 1889 theorem is the foundation of his ‘geometry of numbers’. Hans Blichfeldt’s theorem dates from 1914.